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சுகாதார மற்றும் வெகுஜன ஊடக அமைச்சு
Ministry of Health & Mass Media

General Circular No: 02-32/2026

All Provincial Directors of Health Services
All Regional Directors of Health Services
All DMOs of District Hospitals
All MOICs of Divisional Hospitals
All MOICs of Primary Medical Care Institutions
All MOICs of Arogya Centers

Implementation of SIMPLE App for Hypertension and Diabetes Patients

All Medical Officers, Nursing Officers, and other healthcare personnel attached to District Hospitals, Divisional Hospitals, Primary Medical Care Institutions and Arogya Centers are hereby informed that the SIMPLE App, developed and supported by Resolve to Save Lives, has been introduced to strengthen the protocol-based management of hypertension and diabetes in government healthcare institutions.

You are kindly requested to ensure that all eligible patients (All patients who are diagnosed with hypertension and/or diabetes or taking hypertension and/or diabetes medications) attending NCD clinics are registered, and their clinical details are entered promptly and accurately into the SIMPLE App. The data of the SIMPLE App is located in the data center at the Ministry of Health and Mass Media.

Importance of Entering Data into SIMPLE App

Improved Patient Follow-up

- The App enables systematic tracking of patients, identification of missed visits, and timely follow-up, thereby reducing loss to follow-up.

Better Blood Pressure and Glycaemic Control

- Real-time data entry supports clinical decision-making, drug titration, and protocol-based management, leading to improved control rates.

Accurate and Transparent Reporting

- The dashboard provides automated performance indicators (e.g., control rates, missed visits, medicines titration rate), minimizing manual errors and ensuring reliable data for monitoring and evaluation.

Data-Driven Decision Making

- Facility-level and district-level performance can be reviewed easily, helping administrators identify gaps and implement timely corrective actions.

Recognition of Institutional Performance

- Accurate data entry reflects the true performance of institutions and staff, which is important for performance reviews and future quality improvement initiatives.

Responsibilities of Health Staff

- Register all newly diagnosed and existing hypertension and diabetes patients in the SIMPLE App.
- Update visit details, blood pressure readings, blood sugar values, medications, and next appointment dates during each clinic visit.
- Ensure data is entered on the same day of clinic or at the earliest possible time.
- Maintain confidentiality and data accuracy at all times.

The success of the national NCD programme largely depends on the commitment and active participation of all healthcare staff. Your cooperation in ensuring complete and timely data entry into the SIMPLE App is highly appreciated.

For any technical assistance or clarification, please contact 0112686393 or ncdbureausl@gmail.com.


Dr. Asela Gunawardena

**Director General of Health Services,
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