

## ADVERTISEMENT

Recruitment of a pre-intern medical graduate on temporary basis for development of contents, Tamil Translations of the documents and assist in Training Activities in support of UNICEF sponsored activities for development of the Inter pregnancy care package 2026-2027 at Family Health Bureau

### Duties and responsibilities

- To assist the development of training manual on inter pregnancy care for field health staff
- To assist in coordinating consultative meetings
- To assist in Tamil Translations and Training Activities related to development of the Interpregnancy care package
- Performing any other task assigned by the Director (Maternal and Child Health) or his representative

### Desired qualifications and experience for the post

- Pre-intern medical graduate with M.B.B.S. or equal qualifications
- Ability to work with Microsoft Office applications and other software
- Good command of English, Tamil and Sinhala languages.
- Excellent communication skills
- Ability to translate from English to Tamil

### Duration

- For a period of five (05) months (April 2026 – August 2026)

### Nature of work:

- **Full time/ part time** : Full time
- **No of days per week** : Five (5) days (should be willing to work during the weekend, if required)
- **Place of work** : Family Health Bureau (should be willing to travel, if required)
- **Working hours per day** : Eight (8) hours - 8.30 am to 4.15 pm (should be willing to work extra hours, if required)

**Monthly remuneration:** LKR. 94,265.00

A Research Assistant is not entitled to any other privileges or claims other than the benefits specified above from the Ministry of Health & Mass Media / the Funding Agent

Candidates are requested to email a completed CV including copies of relevant documents, and contact details before 10.03.2026 to [womenshealthunit.fhb@gmail.com](mailto:womenshealthunit.fhb@gmail.com)



Director (Maternal & Child Health)  
**Dr. Chandima Siritunga**  
MBBS, MSC, MD Community Medicine  
Director Maternal and Child Health  
Family Health Bureau



Dr Priyantha Liyanage  
Coordinating Consultant

Terms of reference (TOR) for Recruitment of a pre-intern medical graduate on temporary basis for development of contents, Tamil Translations of the documents and assist in Training Activities in support of UNICEF sponsored activities for development of the Inter pregnancy care package

## **Background**

The Ministry of Health strives to provide quality care throughout pregnancy, childbirth, and the postnatal period to every pregnant woman and newborn in Sri Lanka.

The existing maternal and child care services in Sri Lanka have a long history, and are well established throughout the country. They are largely responsible for the impressive maternal and child health indicators Sri Lanka continues to present, year after year.

Postnatal period begins immediately after birth of the baby and extends up to 6 weeks (42 days) after birth. The postnatal period presents healthcare provider with a unique and privileged opportunity to address the physical, mental and social health of women and babies. Continuum of care for women following the postnatal visit at 6 weeks is important to ensure healthy obstetric outcomes in future pregnancies. Inter pregnancy care (IPC) is the care provided to women of childbearing age who are between pregnancies, with the goal of improving outcomes for women and infants. For healthy women, IPC offers an opportunity for wellness promotion between pregnancies. Inter pregnancy interval is the period between the end of a previous pregnancy and the beginning of the next pregnancy. It can only be defined retrospectively. An IPI is said to be short when it is less than 24 months and long when it is more than 5 years. Both extremes of IPIs have been linked to an increased risk of poorer outcomes in infants and their mothers. Following a miscarriage or an induced abortion, the recommended minimum interval to next pregnancy is at least six months in order to reduce risks of adverse maternal and perinatal outcomes. However, the age of the woman and other comorbidities should also be considered when making recommendations regarding IPI. Since the inter pregnancy period is a continuum for overall health and wellness, all women of reproductive age who have been pregnant, regardless of the outcome of their pregnancies (i.e., miscarriage, abortion, preterm, full-term delivery), should receive IPC as a continuum from postpartum care (Table 45.1). However, it should be acknowledged that not all women will want to or will have subsequent pregnancies or children.

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The IPI is a modifiable risk factor because, with the provision of appropriate and effective contraception, women can control when their next pregnancy occurs.

- To improve the knowledge and awareness of the couple on healthy practices and to minimize unhealthy lifestyles such as gender-based violence, alcohol and tobacco use etc. to create a conducive behavioral change in the couple.



- To improve the health status of women maximally to ensure healthy pregnancy before they become pregnant.
- To minimize maternal and infant mortality by reducing the causes for complications during pregnancy and delivery (to end preventable maternal and child deaths due to conditions which may arise before or during pregnancy).
- To improve male involvement in maternal care.

All women who have been pregnant and could be pregnant in the future and their partners.

Reaching the couples before the next conception is essential for effective IPC. Women who have been pregnant can often be identified within the health system.

### **Activity**

It was decided to develop inter pregnancy package (Training manual to the field health staff, records and referral forms) to improve the healthy practices and to minimize unhealthy lifestyles such as gender-based violence, alcohol and tobacco use etc. to create a conducive behavioral change in the couple

A full-time officer with a medical background and proficiency in the Tamil language is required for a period of five (05) months, commencing in April 2026, at FHB. This position is necessary for the development of the interpregnancy care package, preparation of Tamil translations, and conduct of training activities. The engagement is proposed as the existing staff do not possess adequate Tamil language proficiency to effectively carry out these tasks.

A pre-intern medical graduate is required to attend to following duties and responsibilities, for a period of five (05) months in Family Health Bureau.

### **Duties and responsibilities**

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- To assist in coordinating consultative meetings
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- Performing any other task assigned by the Director (Maternal and Child Health) or his representative

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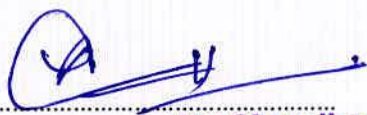
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**Monthly remuneration:** LKR. 94,265.00 (Basic Salary - LKR. 76,465.00 plus Cost-of-Living Allowance – LKR. 17,800.00)

#### NB :

- The selection of pre-intern medical graduate will be conducted via interviews, with final decisions made by the Family Health Bureau, Ministry of Health.
- The pre-intern medical graduate is eligible only for the benefits specified by the Ministry of Health or the funding agency, with no additional privileges or claims.
- The Director (Maternal and Child Health) reserves the right to adjust or amend the scope of work as needed.

  
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**Dr. Chandima Siritunga**  
 Director (Maternal and Child Health) Community Medicine  
 Director Maternal and Child Health  
 Family Health Bureau

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**P. Liyanage**  
 Coordinating Consultant

Date: 26/1/2020

Date: 26/01/2020