

ADVERTISEMENT

Recruitment of a pre-intern medical graduate on temporary basis to support UNICEF sponsored activities to develop inter pregnancy care package

Duties and responsibilities

- To assist the development of training manual on inter pregnancy care for field health staff
- To assist in coordinating consultative meetings
- Performing any other task assigned by the Director (Maternal and Child Health) or his representative

Desired qualifications and experience for the post

- Pre-intern medical graduate with M.B.B.S. or equal qualifications.
- Ability to work with Microsoft Office applications and other software
- Good command of English and Sinhala and/or Tamil languages.
- Excellent communication skills

Duration

- For a period of six (06) months (December 2025 – May 2026)

Nature of work:

- Full time/ part time : Full time
- No of days per week : Five (5) days (should be willing to work during the weekend, if required)
- Place of work : Family Health Bureau (should be willing to travel, if required)
- Working hours per day : Eight (8) hours - 8.30 am to 4.15 pm (should be willing to work extra hours, if required)

Monthly remuneration: LKR. 86,180.00

A Research Assistant is not entitled to any other privileges or claims other than the benefits specified above from the Ministry of Health & Mass Media / the Funding Agent

Candidates are requested to email a completed CV including copies of relevant documents, and contact details before 15.11.2025 to womenshealthunit.fhb@gmail.com


.....
Director (Maternal & Child Health)

Dr. Chandima Siritunga
MBBS, MSC, MD Community Medicine
Director Maternal and Child Health
Family Health Bureau


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Dr Priyantha Liyanage
Coordinating Consultant

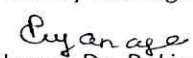
Activity Proposal for the Recruitment of a pre-intern medical graduate on temporary basis to support UNICEF sponsored activities to develop Inter pregnancy package

Allocation – Funded / Unfunded	UNICEF
Activity No (Budget line)	111-02-26-013 -2509- (13)
Title of Activity	Recruitment of a pre intern medical officer on temporary basis to assist UNICEF sponsored activities to support the activities related developing the inter pregnancy care package at Family Health Bureau in 2025
Programme change, if any give Justification	
Background & situation analysis	The Ministry of Health strives to provide quality care throughout pregnancy, childbirth, and the postnatal period to every pregnant woman and newborn in Sri Lanka. The existing maternal and child care services in Sri Lanka have a long history, and are well established throughout the country. They are largely responsible for the impressive maternal and child health indicators Sri Lanka continues to present, year after year. Postnatal period begins immediately after birth of the baby and extends up to 6 weeks (42 days) after birth. The postnatal period presents healthcare provider with a unique and privileged opportunity to address the physical, mental and social health of women and babies. Continuum of care for women following the postnatal visit at 6 weeks is important to ensure healthy obstetric outcomes in future pregnancies. Inter pregnancy care (IPC) is the care provided to women of childbearing age who are between pregnancies, with the goal of improving outcomes for women and infants. For healthy women, IPC offers an opportunity for wellness promotion between pregnancies. Inter pregnancy interval is the period between the end of a previous pregnancy and the beginning of the next pregnancy. It can only be defined retrospectively. An IPI is said to be short when it is less than 24 months and long when it is more than 5 years. Both extremes of IPIs have been linked to an increased risk of poorer outcomes in infants and their mothers. Following a miscarriage or an induced abortion, the recommended minimum interval to next pregnancy is at least six months in order to reduce risks of adverse maternal and perinatal outcomes. However, the age of the woman and other comorbidities should also be considered when making recommendations regarding IPI.

	The IPI is a modifiable risk factor because, with the provision of appropriate and effective contraception, women can control when their next pregnancy occurs. - To improve the knowledge and awareness of the couple on healthy practices and to minimize unhealthy lifestyles such as gender-based violence, alcohol and tobacco use-etc. to create a healthy behavioral change in the couple. - To improve the health status of women maximally to ensure healthy pregnancy before they become pregnant. - To minimize maternal and infant mortality by reducing the causes for complications during pregnancy and delivery (to end preventable maternal and child deaths due to conditions which may arise before or during pregnancy). - To improve male involvement in maternal care. All women who have been pregnant and could be pregnant in the future and their partners. Reaching the couples before the next conception is essential for effective IPC. Women who have been pregnant can often be identified within the health system.	
Specific objectives	To assist the development a inter pregnancy package to improve the healthy practices and to minimize unhealthy lifestyles to create a conducive behavioral change in the couple	
Expected output	- Developed inter pregnancy training manual for field health staff - Developed interpregnancy record forms - Developed inter pregnancy referral forms	
Technical Justification	The Family Health Bureau (FHB) plays a critical role in improving maternal health outcomes across Sri Lanka. As part of its ongoing efforts to enhance the quality of maternal care, The Family Heath Bureau needs to coordinate with all the relevant stakeholders to develop interpregnancy package. A fulltime officer with a medical background with skills of coordination & analysis is needed for a period of 06 months starting from December 2025 at the FHB for the proposed work, as the existing staff is fully engaged with routine work.	
Time frame (Indicate exact time period)	From: 01.12.2025	To: 31.05.2026

Methodology	An advertisement will be published on the Website of Ministry of Health and Mass Media to recruit a pre-intern Medical Graduate with necessary qualifications and skills. The most suitable candidate will be selected through an interview from the applications received by a panel of interviewers appointed by the Director (Maternal and Child Health). The selected Pre-intern Medical Graduate will assist development of presentations,
Venue	Family Health Bureau
Budget Estimate	LKR 517,080.00

Component Directors Signature and seal

Attested and countersigned  Name: Designation: Director (Maternal and Child Health) Dr. Chandima Siritunga Family Health Bureau, MSc, MD Community Medicine Director Maternal and Child Health Family Health Bureau Date: 15/09/2025	Activity Manager  Name: Dr. P. Liyanage Designation: CCP/ Gender and Women's Health Unit Family Health Bureau Date: 15/09/2025
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Terms of reference (TOR) for Recruitment of a pre-intern medical graduate on temporary basis to support UNICEF sponsored activities to develop Inter pregnancy care package

Background

The Ministry of Health strives to provide quality care throughout pregnancy, childbirth, and the postnatal period to every pregnant woman and newborn in Sri Lanka.

The existing maternal and child care services in Sri Lanka have a long history, and are well established throughout the country. They are largely responsible for the impressive maternal and child health indicators Sri Lanka continues to present, year after year.

Postnatal period begins immediately after birth of the baby and extends up to 6 weeks (42 days) after birth. The postnatal period presents healthcare provider with a unique and privileged opportunity to address the physical, mental and social health of women and babies. Continuum of care for women following the postnatal visit at 6 weeks is important to ensure healthy obstetric outcomes in future pregnancies. Inter pregnancy care (IPC) is the care provided to women of childbearing age who are between pregnancies, with the goal of improving outcomes for women and infants. For healthy women, IPC offers an opportunity for wellness promotion between pregnancies. Inter pregnancy interval is the period between the end of a previous pregnancy and the beginning of the next pregnancy. It can only be defined retrospectively. An IPI is said to be short when it is less than 24 months and long when it is more than 5 years. Both extremes of IPIs have been linked to an increased risk of poorer outcomes in infants and their mothers. Following a miscarriage or an induced abortion, the recommended minimum interval to next pregnancy is at least six months in order to reduce risks of adverse maternal and perinatal outcomes. However, the age of the woman and other comorbidities should also be considered when making recommendations regarding IPI. Since the inter pregnancy period is a continuum for overall health and wellness, all women of reproductive age who have been pregnant, regardless of the outcome of their pregnancies (i.e., miscarriage, abortion, preterm, full-term delivery), should receive IPC as a continuum from postpartum care (Table 45.1). However, it should be acknowledged that not all women will want to or will have subsequent pregnancies or children.

Inter pregnancy interval is the period between the end of a previous pregnancy and the beginning of the next pregnancy. It can only be defined retrospectively. An IPI is said to be short when it is less than 24 months and long when it is more than 5 years. Both extremes of IPIs have been linked to an increased risk of poorer outcomes in infants and their mothers. Following a miscarriage or an induced abortion, the recommended minimum interval to next pregnancy is at least six months in order to reduce risks of adverse maternal and perinatal outcomes. However, the age of the woman and other comorbidities should also be considered when making recommendations regarding IPI.

The IPI is a modifiable risk factor because, with the provision of appropriate and effective contraception, women can control when their next pregnancy occurs.

- To improve the knowledge and awareness of the couple on healthy practices and to minimize unhealthy lifestyles such as gender-based violence, alcohol and tobacco use etc. to create a conducive behavioral change in the couple.
- To improve the health status of women maximally to ensure healthy pregnancy before they become pregnant.
- To minimize maternal and infant mortality by reducing the causes for complications during pregnancy and delivery (to end preventable maternal and child deaths due to conditions which may arise before or during pregnancy).
- To improve male involvement in maternal care.

All women who have been pregnant and could be pregnant in the future and their partners.

Reaching the couples before the next conception is essential for effective IPC. Women who have been pregnant can often be identified within the health system.

Activity

It was decided to develop inter pregnancy package (Training manual to the field health staff, records and referral forms) to improve the healthy practices and to minimize unhealthy lifestyles such as gender-based violence, alcohol and tobacco use etc. to create a conducive behavioral change in the couple

A fulltime officer with a medical background with skills of coordination & analysis is needed for a period of 06 months starting from December 2025 at FHB for the proposed work, as the existing staff is fully engaged with routine work.

A pre-intern medical graduate is required to attend to following duties and responsibilities, for a period of six (06) months in Family Heath Bureau.

Duties and responsibilities

- To assist the development of training manual on inter pregnancy care for field health staff
- To assist in coordinating consultative meetings
- Performing any other task assigned by the Director (Maternal and Child Health) or his representative

Desired qualifications and experience for the post

- Pre-intern medical graduate with M.B.B.S. or equal qualifications.

- Ability to work with Microsoft Office applications and other software
- Good command of English and Sinhala and/or Tamil languages.
- Excellent communication skills

Duration

For a period of six (06) months (December 2025 – May 2026)

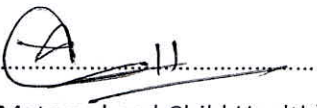
Nature of work:

- Full time/ part time : Full time
- No of days per week : Five (5) days (should be willing to work during the weekend, if required)
- Place of work : Family Health Bureau (should be willing to travel, if required)
- Working hours per day : Eight (8) hours - 8.30 am to 4.15 pm (should be willing to work extra hours, if required)

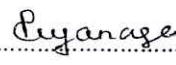
Monthly remuneration: LKR. 86,180.00 (Basic Salary - LKR. 68,380.00 plus Cost-of-Living Allowance – LKR. 17,800.00)

NB :

- The selection of pre-intern medical graduate will be conducted via interviews, with final decisions made by the Family Health Bureau, Ministry of Health.
- The pre-intern medical graduate is eligible only for the benefits specified by the Ministry of Health or the funding agency, with no additional privileges or claims.
- The Director (Maternal and Child Health) reserves the right to adjust or amend the scope of work as needed.


Director (Maternal and Child Health)

Date: 15/9/2025
Dr. Chandima Siritunga
MBBS, MSC, MD Community Medicine
Director Maternal and Child Health
Family Health Bureau


Dr. P. Liyanage

Coordinating Consultant
Date: 2025.09.15

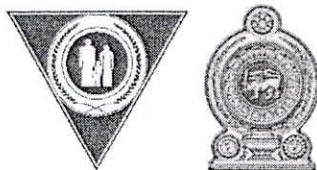
දුරකථන (පොදු)
தொலைபேசி (பொது)
Telephone (Common) } 0112 696 677
0112 681 309

දුරකථන (අධ්‍යක්ෂ)
தொலைபேசி (அதிகாரபாளர்)
Telephone (Director) } 0112 696 508

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பெக்ஸ்
Fax } 0112 690 790

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மின்தொலைபேசி
Email } director@fhb.health.gov.lk
fhb.dmch@gmail.com

වෙබ් අඩවිය
இணையத்தளம்
Website } fhb.health.gov.lk



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செயல் சுகாதாரம்
குடும்ப சுகாதார பணியகம்
சுகாதார அமைச்சு
Family Health Bureau
Ministry of Health

මගේ අංකය
எனது இல
Our Ref. No. } FHB/GWH/UNICEF/2025

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உமது இல
Your Ref. No. }

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முகவரி
Address } 231, ද සේරම් පෙදෙස,
கொடும்பு 10.
231, De Seram Place,
Colombo 10.

දිනය
திகதி
Date } 27/09/2025

Country Representative,
UNICEF – Sri Lanka

Recruitment of a pre-intern medical officer on temporary basis to support the activities related developing the Interpregnancy care package, at Family Health Bureau in 2025

The Ministry of Health strives to provide quality care throughout pregnancy, childbirth, and the postnatal period to every pregnant woman and newborn in Sri Lanka.

The existing maternal and child care services in Sri Lanka have a long history, and are well established throughout the country. They are largely responsible for the impressive maternal and child health indicators Sri Lanka continues to present, year after year.

Postnatal period begins immediately after birth of the baby and extends up to 6 weeks (42 days) after birth. The postnatal period presents healthcare provider with a unique and privileged opportunity to address the physical, mental and social health of women and babies. Continuum of care for women following the postnatal visit at 6 weeks is important to ensure healthy obstetric outcomes in future pregnancies. Inter pregnancy care (IPC) is the care provided to women of childbearing age who are between pregnancies, with the goal of improving outcomes for women and infants. For healthy women, IPC offers an opportunity for wellness promotion between pregnancies.

The Family Health Bureau (FHB) plays a critical role in improving maternal health outcomes across Sri Lanka. As part of its ongoing efforts to enhance the quality of maternal care, the Family Health Bureau needs to coordinate with all the relevant stakeholders to develop interpregnancy package

A full-time officer with a medical background with skills of coordination & analysis is needed, for a period of 06 months starting from December 2025 at the FHB for the proposed work, as the existing staff is fully engaged with routine work.

I would be grateful, if UNICEF could provide support in obtaining the service of a Pre-Intern medical graduate for the activities of development of Interpregnancy care package at Family Health Bureau in 2025. The budget breakdown is attached herewith, for your perusal.

Please make arrangements to pay monthly allowance of Rs. 86,180.00 directly to the recruited Pre-intern Medical graduate.

Thank you.



Director (Maternal and Child Health)
Family Health Bureau

Dr. Chandima Siritunga
MBBS, MSC, MD Community Medicine
Director Maternal and Child Health
Family Health Bureau

The budget breakdown for recruiting a pre-intern medical graduate on temporary basis to support activities related to development of Interpregnancy care package, at Family Health Bureau in 2025-2026

	Month	Payment
1.	December 2025	LKR. 86,180.00
2.	January 2026	LKR. 86,180.00
3.	February 2026	LKR. 86,180.00
4.	March 2026	LKR. 86,180.00
5.	April 2026	LKR. 86,180.00
6.	May 2026	LKR. 86,180.00
	Total	LKR. 517,080.00

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தொலைபேசி) 0112694033, 0112675280
Telephone) 0112675449

ෆැක්ස්) 0112693866
பெக்ஸ்) 0112693869
Fax) 0112692913

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மின்னஞ்சல் முகவரி)
e-mail)

වෙබ් අඩවිය) www.health.gov.lk
இணையத்தளம்)
website)



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சுவசிரிபாய
SUWASIRIPAYA

මගේ අංකය)
எனது இல)
My No.) HPD/UNICEF/52/2025/FHB

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உமது இல)
Your No.)

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திகதி)
Date) 30.09.2025

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சுகாதார மற்றும் வெகுஜன ஊடக அமைச்சு

Ministry of Health & Mass Media

Director (Maternal & Child Health),
Family Health Bureau.

Request for recruiting Pre – Intern Medical graduate on temporary basis to support UNICEF sponsored activities to support activities related developing Inter Pregnancy Care Package at FHB in 2025 - 2026.

Reference is made to your letter No. FHB/GWH/UNICEF/ 2025 dated 15/09/2025 on the above subject. Secretary, Health and Mass Media has given approval to carry out the above activity as requested by you. Subjected to follow the Government recruitment procedures for recruit Pre-Intern Medical Graduate for six month according to given TOR.

Total cost of the estimated budget is Rs.517,080.00 (86,180.00 x 6).Five hundred seventeen thousand and eighty only.

Funds identified under UNICEF Annual Work Plan 2025.

After carrying out the above activity, please submit your Project Progress Report (PPR) with statement of expenditure of the activity to UNICEF with copy to DDG (Planning).

Dr. Anil Samaranayake

Director/International Health

Sgd. Dr. Anil Jasinghe

Secretary, Health & Mass Media

Cc: UNICEF



INTERNAL MEMO

Ministry of Health

Forwarded through : Deputy Director General (Public Health Services) II *Re*

To : Deputy Director General (Planning) *5*

From : Director (Maternal and Child Health) *176*

Copy to : Director General of Health Services

Subject : Recruitment of a pre-intern medical graduate on temporary basis to support UNICEF sponsored activities to support activities related developing Inter pregnancy care package at Family Health Bureau in 2025 - 2026

My No. : FHB/GWH/UNICEF/2025

Date : *15*.09.2025

(Signature)

Dr. Chandima Siritunga
MBBS, MSC, MD Community Medicine
Director Maternal and Child Health
Family Health Bureau

Herewith I am submitting the budget proposal for Recruitment of a pre-intern medical graduate on temporary basis to support UNICEF sponsored activities to support activities related developing Inter pregnancy care package at Family Health Bureau in 2025 - 2026, for your approval.

I shall be thankful if you could kindly grant the necessary approval early.

The total estimated budget for this activity is LKR 517,080.00.

The funds are available under UNICEF Funds- 111-02-26-013-2509 (13)

BUDGET PROPOSAL FORMAT-UNFPA/UNICEF

Title of Activity:	Recruitment of a pre-intern medical graduate on temporary basis to support the activities related to development of Interpregnancy care package, at Family Health Bureau in 2025
Activity No.	UNICEF annual work plan 2025

Number of days

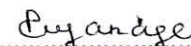
Number of Programs

Participation / Resource Fees:

	Estimated Cost for <u>one</u> program (Rs.)	Estimated Cost for <u>All</u> programmes(Rs.)
1 Outside participants at the rate of Rs.900	0.00	0.00
2 Local participants at the rate of Rs.700	0.00	0.00
3 Resource Persons at the rate of Rs.1200	0.00	0.00
4 Honorarium for Administrative Support	0.00	0.00
5 Honorarium for Coordinator/Facilitators at the rate of Rs.1200	1 0.00	0.00
6 Lecture Fees	0.00	* 0.00
7 Conference Facilities		0.00
8 Fuel		0.00
9 Stationery, etc. (Indicate articles & quantity required)*		0.00
10 Accommodation*		0.00
11 Other*	517,080.00	517,080.00
Grand Total	517,080.00	517,080.00

I certify that the amount will be spent for the purpose for which the advance will be made and the general conditions governing the subsidy will be observed and explanations will be provided wherever necessary. No salary supplements/salary incentives will be supported.


 Program Manager/ Activity Manager
 Name :-
 Designation :-
 Date :- 15/9/2025
 Dr. Chandima Siritunga
 MBBS, MSC, MD Community Medicine
 Director Internal and Child Health
 Family Health Bureau


 Co-ordinator
 Name :- Dr. P. Liyanage
 Designation :- CCP, GWH unit
 Date :- 2025-09-15

ANNEXURE IX - OTHER

Title of Activity:

Recruitment of a pre-intern medical graduate on temporary basis to support the activities related to development of Interpregnancy care package, at Family Health Bureau in 2025

Number of programmes

No	Item	Unit Cost (Rs)	Quantity	Cost for one programme (Rs)	Cost for all programmes(Rs)
1	Salary for Pre-Intern Medical Graduate per month (all inclusive)	86,180.00	6	517,080.00	517,080.00
2				0.00	0.00
3				0.00	0.00
4				0.00	0.00
5				0.00	0.00
6				0.00	0.00
7				0.00	0.00
8				0.00	0.00
9				0.00	0.00
Total Cost				517,080.00	517,080.00

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