



## INSTRUCTIONS FOR SELECTED PUBLIC ACTIVITIES/WORK SETTINGS FOR THE PREVENTION AND CONTROL OF COVID- 19

The instruction notes are given for a range of public activities and work settings. Some sectors such as tourism, large shopping malls, event management, etc. would require reference to several instruction notes.

The Instructions are subject to overall permission given by the Ministry of Health to resume functions (totally/selected)

Each instruction note is issued by the Director General of Health Services, Ministry of Health and Indigenous Medical Services and are for the establishment /owner /responsible authority to follow in prevention of transmission of COVID-19.

Further guidance on occupational (work) settings if needed - please refer to

[http://eohfs.health.gov.lk/occupational/index.php?option=com\\_content&view=article&id=61&Itemid=208&lang=en](http://eohfs.health.gov.lk/occupational/index.php?option=com_content&view=article&id=61&Itemid=208&lang=en)



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TOWARDS A NEW NORMAL



MINISTRY OF HEALTH  
AND INDIGENOUS  
MEDICAL SERVICES



GOVERNMENT MEDICAL  
OFFICERS ASSOCIATION



SRI JAYAWARDENEPURA  
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Instructions for selected public activities/work settings for the prevention and control of COVID - 19

## 47. Public Demonstrations

People have a right to demonstrate in favour of a common cause for concern. In the current situation, strict measures should be taken to maintain distancing, wearing of masks and other methods of preventing the spread of COVID-19. The following must be adhered to in the event of a demonstration. Demonstrations that become violent and unruly can engage other spectators and pose a grave challenge to preventive measures such as physical distancing and are thus not permitted.

### Specific message/ Instruction/s

#### For the organisers

- Must obtain approval from the local police station at least 3 days before the day of the demonstration, stating the location, time of commencement, approximate duration and expected number of participants
- Must ensure that all participants maintain a distance of 1 meter from each other, and wear a face mask for the total duration of the demonstration.
- Must ensure that those who are ill with fever and/or respiratory symptoms do not participate in the demonstration
- A maximum of 30 participants are allowed at any given time
- Must maintain a list of all participants with their names and contact details
- Demonstrations should be restricted to outdoor, well ventilated spaces
- Do not engage passersby in the demonstration
- Do not hand out anything (e.g. – leaflets, stickers, etc.) to passers-by
- No food or beverage should be served during the demonstration
- You are required to fill the provided Assurance form, indicating compliance with the instructions given. The original of the Assurance form should be submitted to the area Medical Officer of Health. A copy of the same should be sent to the local government authority (municipal council/ urban council/ pradeshiya sabha) and another copy should be kept with you. The organizer is responsible to ensure that the above guidelines are strictly adhered to.

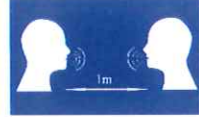
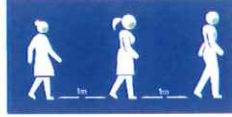
#### For the participants

- Do not participate in the demonstration if you have fever and/or respiratory symptoms
- Maintain 1-meter distance from others throughout the demonstration
- A face mask should be worn properly throughout the demonstration and should be changed if it becomes soaked in sweat
- Avoid any physical contact with other participants. Do not become unruly or violent.
- Avoid sharing common placards and banners with other participants
- If facilities are available, wash your hands with soap and water or disinfect using hand sanitizers before and after the demonstration.
- A maximum of 30 participants are allowed at any given time, do not participate if this number has been exceeded
- Have a full wash and wash all your clothes as soon as you get home
- Do not touch, frequently touched surfaces unnecessarily e.g. door handles, railings etc.



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Method/s of instruction;

- Inform the instructions to all participants at the beginning of the demonstration and at regular intervals



  
Director General of Health Services

**Dr. Anil Jasinghe**  
Director General of Health Services  
Ministry of Health & Indigenous Medicine Services  
"Suwasiripaya"  
385, Rev. Baddegama Wimalawansa Thero Mawatha,  
Colombo 10.