



INSTRUCTIONS FOR SELECTED PUBLIC ACTIVITIES/WORK SETTINGS FOR THE PREVENTION AND CONTROL OF COVID- 19

The instruction notes are given for a range of public activities and work settings. Some sectors such as tourism, large shopping malls, event management, etc. would require reference to several instruction notes.

The Instructions are subject to overall permission given by the Ministry of Health to resume functions (totally/selected)

Each instruction note is issued by the Director General of Health Services, Ministry of Health and Indigenous Medical Services and are for the establishment /owner /responsible authority to follow in prevention of transmission of COVID-19.

Further guidance on occupational (work) settings if needed - please refer to

http://eohfs.health.gov.lk/occupational/index.php?option=com_content&view=article&id=61&Itemid=208&lang=en



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TOWARDS A NEW NORMAL



MINISTRY OF HEALTH
AND INDIGENOUS
MEDICAL SERVICES



Sri Lanka



GOVERNMENT MEDICAL
OFFICERS ASSOCIATION



SRI JAYAWARDENEPURA
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Instructions for selected public activities/work settings for the prevention and control of COVID - 19

39. Use of Trains

Under the present situation in response to COVID-19, the number of passengers travelling in trains must be minimized to be able to maintain physical distancing and other safety precautions should be practiced.

Specific message/ Instruction/s

For the station masters/engine drivers/ticket inspector

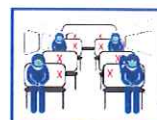
- Should ensure that maximum number allowed in a train carriage is half its seating capacity. i.e. If a carriage has 50 seats, only 25 can travel at any given time. None of passengers should be standing inside the train. With improving situation, the allowed occupancy will be informed by Ministry of Health
- Ensure that 1-meter distance is maintained between passengers
- Should ensure that all windows are open in the train
- Should ensure that all passengers are wearing face masks
- Ensure that hand washing facilities are available at all train station
- Make available personal hand sanitizer bottles to engine drivers and ticket inspectors
- If possible, install wall-mounted hand sanitizers in each carriage
- Ensure that all trains are cleaned at the end of the day
- Promote the use of season tickets as much as possible instead of paying for every journey.

For the passengers;

- Wait in a queue in the train station maintaining 1-meter distance from each other
- A face mask should be worn properly
- If facilities are available, wash your hands with soap and water or disinfect using hand sanitizers before entering the train
- Ensure that 1-meter distance is maintained inside the train
- Minimize the bags and goods that are taken
- Try not to touch the mobile phone inside the train as much as possible
- Do not touch, frequently touched surfaces unnecessarily E.g. armrests, seats, doors, bars etc.
- Wash hands after travelling in the train with soap and water for at least for 20 seconds
- Avoid the use trains, even if you have minor respiratory symptoms

Method/s of instruction;

- Mass media
- Announce through the public address systems at all train stations
- All trains to have the key instructions displayed in all carriages




Director General of Health Services

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